

FUN TO BAKE!

HOMEMADE

Summer Blue

BANANA BEAR MUFFINS

Mash, mix, bake—and make bear faces! ♥

MAKES: 6 MUFFINS ♥



PREP
15 MIN



BAKE
18 MIN



AGES
4+

INGREDIENTS

- 2 ripe bananas
- 1 egg
- 1/4 cup melted butter
- 1/4 cup milk
- 1 cup self-raising flour
- 1/2 tsp cinnamon
- 2 tbsp rolled oats
- Blueberries and banana slices

KID JOBS!

- ★ Mash the bananas
- ★ Stir the batter
- ★ Fill the muffin cups
- ★ Make the bear faces



SAFETY TIP: Adults handle the oven and hot muffin tin.



HOW TO MAKE

1. Adult: Heat oven to 180°C / 350°F.
2. Kids: Mash bananas in a bowl.
3. Mix in egg, butter and milk.
4. Fold in flour, cinnamon and oats.
5. Spoon into 6 lined muffin cups.
6. Adult: Bake 16–18 minutes.
7. Cool, then add the bear faces!

MIX, GIGGLE & MUNCH! ♥